

# Non-Violent Resistance (NVR)

## Twelve Day Supervisor Training for Parent Group Facilitators

90 hours taught

### Day 1

#### Themes

Learning outcomes  
Introduction to theoretical context of group work in NVR  
Introduction to the role of supervisor  
Differences between individual & group supervision  
Different approaches & models in supervision

### Day 2

#### Themes

Exploring reflexivity & reflection  
The reflecting team in NVR supervision  
Social graces in NVR  
Relational reflexivity  
Reflective practices in NVR  
Evaluation & research in NVR

### Day 3

#### Themes

Meeting the supervisees & their hopes & expectations  
Revisiting NVR key principles & the 12 group sessions  
Different types of NVR groups  
How is individual work in NVR different from group work?  
The therapeutic relationship in NVR

### Day 4

#### Themes

Ethical implications: Reflecting on own lenses & biases as supervisor  
Embodied responses in NVR  
Social Graces  
Evaluation & Research in NVR  
Managing risks, safeguarding, emotions & difficult group dynamics  
Individual tutorials

**Supervisor Level (in-house) £ 1000 per participant**

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